3.60 SKATERS MARCH - Couples

By Irwin & Nazzaro

Music: March 4/4 **Tempo**: 100 bpm
Position: Kilian **Pattern: set**

The dance is performed in Kilian position and the steps are the same for both skaters.

The dance begins aiming toward the long side barrier with a sequence of three steps:

Step 1 LFO (1 beat) beginning toward the long side barrier.

Step 2 Run RFI (1 beat) is parallel to it.

Step 3 LFO (2 beats) curves away from the long side barrier and aims in the direction of the long axis.

Steps 4, 5 and 6 form the center lobe of the dance (8 beats total) with steps 4 and 5 forming the first half of the lobe and step 6 the second half.

Step 4 XR RFO (2 beats) is a right outside cross roll in the direction of the long axis;

Step 5 XB LFI (2 beats) is a left inside cross behind with the free leg stretched in front with the 1st beat aiming toward the long axis and the 2nd beat parallel to it.

Step 6 RFO Sw (4 beats total 2+2) where the free leg swings in front on the 3rd beat, begins at the short axis and finishes on the baseline in the direction of the long side barrier.

Step 7 LFO (1 beat) aims toward the long side barrier, **step 8 Run RFI** (1 beat) becomes parallel to it and **step 9 LFO** (2 beats), begins parallel to the long side barrier and curves away from it.

Step 10 XF RFI (2 beats) is a cross front with extension of the left leg in back with the free toe slightly open, aimed in the direction of the short side barrier.

Steps 11, 12, 13 and 14, repeats the sequence of steps 7, 8, 9 and 10, with the same timing but with a direction toward and then parallel to the short side barrier with steps 11 and 12, finishing at the long axis, and steps 13 and 14 after the long axis in the direction of the long side barrier.

Key Points – Skaters March Couples

1. **Steps 4 XR RFO** (2 beats):
   - Correct timing of the steps.
   - Correct technical execution of the cross roll placed immediately on the outside edge.

   Step 5 XB LFI (2 beats):
   - Correct technical execution of the XB: the left free leg must cross in back with feet close and parallel.
   - No deviations from the inside edge.
   - Kilian position of the couple without separation during the steps, with correct lean and edges.
2. **Step 6 RFO Sw** (2 + 2 beats)
   - Correct timing of the step;
   - Correct technical execution of the stroke with a swing of the free leg on the 3rd beat of the step;
   - No deviations from the outside edge.
   - attention to the unison of the free legs during the swing, in Killian position.
   - with a swing of the free leg on the 3rd beat of the step without deviation from the edge; attention to the unison of the free legs during the swing.
3. **Step 10 XF RFI** (2 beats):

- Correct technical execution of the crosses with the simultaneous extension of the left leg in back with the toe of the free leg slightly open;
- Kilian position of the couple without separation during the steps with correct lean and edges.

4. **Step 14 XF RFI** (2 beats):
    - Correct technical execution of the crosses with the simultaneous extension of the left leg in back with the toe of the free leg slightly open;
    - Correct Kilian position of the couple without separation during the steps with correct lean and edges.

List of steps – Skaters March Couples

POSITION	NO.	MAN'S STEPS	MUSICAL BEATS	WOMAN'S STEPS
Kilian	1	LFO	1	LFO
	2	Run RFI	1	Run RFI
	3	LFO	2	LFO
	4	XR RFO	2	XR RFO
	5	XB LFI	2	XB LFI
	6	RFO Sw	2+2	RFO Sw
	7	LFO	1	LFO
	8	Run RFI	1	Run RFI
	9	LFO	2	LFO
	10	XF RFI	2	XF RFI
	11	LFO	1	LFO
	12	Run RFI	1	Run RFI
	13	LFO	2	LFO
	14	XF RFI	2	XF RFI

Pattern – Skaters March Couples