JUNIOR					
Free dance					
-	Footwork Sequence	Artistic Sequence	Traveling	Choreo. Step	Cluster
	Yes	Yes	Yes	Yes	Yes

CATEGORIA JEUNESSE (Youth)

1. **Una (1) Style Dance di 3:00 minuti +/- 10 secondi**
   Il numero di elementi richiesti nella Style Dance sono quattro (4). Ci sarà sempre la sequenza di Danza obbligatoria, gli altri cambieranno ogni anno e saranno scelti dalla ATC tra:
   - **Sequenza di passi (footwork sequence), massimo 40 secondi.**
   - **Sequenza artistica di passi, massimo 40 secondi.**
   - **Sequenza di Cluster, massimo 20 secondi.**
   - **Sequenza di traveling, massimo 10 secondi.**

2. Una (1) danza libera di **3:30** minuti +/- 10 secondi.

Elementi fissi che DEVONO ESSERE inclusi in una danza libera sono:

- Una sequenza di passi, massimo 40 secondi
- Una sequenza artistica di passi, massimo 40 secondi.
- Una sequenza di traveling, **massimo 10 secondi**.
- Una sequenza di cluster, massimo 20 secondi.
- Una sequenza coreografica.

Nel 2022/2023

JEUNESSE					
Style Dance					
Rhythm	Footwork Sequence	Artistic Sequence	Traveling	Cluster	Compulsory
Modern Medley	-	Yes	Yes	Yes	Harris Tango Double Pattern Steps 6 to 22 (man's steps)
Free Dance					
-	Footwork Sequence	Artistic Sequence	Travelng	Choreo. Step	Cluster
-	Yes	Yes	Yes	Yes	Yes

CATEGORIA CADETTI (Cadet)

1. **Una (1) Style Dance di 3:00 minuti +/- 10 secondi**
   Il numero di elementi richiesti nella Style Dance sono quattro (4). Ci sarà sempre la sequenza di Danza obbligatoria, gli altri cambieranno ogni anno e saranno scelti dalla ATC tra:
   - **Sequenza di passi (footwork sequence), massimo 40 secondi.**
   - **Sequenza artistica di passi, massimo 40 secondi.**
   - **Sequenza di Cluster, massimo Livello 3, massimo 20 secondi.**
   - **Sequenza di traveling, massimo 10 secondi.**

2. Una (1) danza libera di **3:30** minuti +/- 10 secondi.

3.27 HARRIS TANGO – Couple Double Pattern

By Paul Krechow and Trudy Harris

Music: Tango 4/4 **Tempo: 100 bpm**
Position: Tango, Foxtrot, Reverse Tango, Waltz, Promenade **Pattern: Set**

The dance begins in Tango position, with the woman to the right of the man. It should be skated on strong edges with controlled partnership to allow for the transitions between the many positions throughout the dance.

Steps 1 and 2, XR RFO, XCh LFI (for the man) and **XR LBO, XCh RBI** (for the woman) should be aimed toward the long axis with the partners skating close together at the hips.

Step 3 RFO (for the man) and **LBO** (for the woman) is held for four beats and finishes toward the long side barrier. During the execution of this step, the partners switch to Reverse Tango position. This change of position should begin on the third beat and finish on the fourth beat. The movement of the free legs is optional.

Steps 4 and 5, XR LFO, XCh RFI (for the man) and **XR RBO, XCh LBI** (for the woman) should aim initially toward the long side barrier, becoming parallel to it on step 5, with the partners in Reverse Tango position.

Step 6 LFO (for the man) and **RBO** (for the woman) is held for four beats. During the execution of this step, the partners move into Tango position, beginning on the third beat of the step and finishing on the fourth beat. The movement of the free legs on this step is optional.

Steps 7, 8 and 9, XR RFO Rk, XR LBO, XCh RBI (for the man) and **XR LBO, Mk RFO, XCh LFI** (for the woman) should be executed with the partners remaining in Tango position, with feet close together and without any evident separation of the couple at the hips.

Step 10 LBO (for the man) and **RFO** (for the woman) is held for four beats and begins with the partners in Tango position. During the execution of this step, the partners move into Reverse Tango position, beginning on the third beat of the step and finishing on the fourth beat. The movement of the free legs on this step is optional.

Steps 11 and 12, XR RBO, XCh LBI (for the man) and **XR LFO, XCh RFI** (for the woman) are skated in Reverse Tango position with the partners remaining close together.

Step 13 RBO (for the man) and **LFO** (for the woman) is held for four beats and begins with the partners in Reverse Tango position. This step completes the lobe which should end aiming toward the long axis. During the execution of this step, the partners move into

Tango position, beginning on the third beat of the step and finishing on the fourth beat. The movement of the free legs on this step is optional.

Step 14 XR LBO (for the man) and **XR RFO 3t** (for the woman) (two beats) begins toward the long axis, with the partners in Reverse Tango position. The woman's three turn is executed on the second beat and should be turned smoothly and not hopped.

Step 15 (4 beats), **Mk RFO Sw** (for the man) and **LBO Sw** (for the woman) is skated in Waltz position. The timing of the swing of the free leg on this step is optional.

Step 16, LFO (for the man) and **Cw RFI** (for the woman) is one beat, with the couple in Foxtrot position. Attention should be paid to the back to forward choctaw of the woman, which should be placed with feet close together. The couple should remain close during the execution of this change of position.

Steps 16, 17, 18 and 19 form a barrier lobe that begins toward the long side barrier and finishes toward the long axis. During these steps the couple maintains Foxtrot position. Steps 16 and 17 are one beat each and steps 18 and 19 are two beats each.

Step 20 (four beats), **LFI Sw** (for the man) and **RFO Sw** (for the woman) should be aimed strongly toward the long axis on clear edges. The timing of the swing of the free legs on this step is optional.

Step 21 (four beats), **ClMk RBI** (for the man) and **ClMk LBO** (for the woman) is executed at the top of the lobe, with feet close and the free legs finishing in front of the body after the turn. These closed mohawks should be executed smoothly and not jumped, on good edges, with the partners remaining close together and side by side during the turns. The movement of the free legs on this step is optional.

Steps 22a, b and c, Cw LFO, Ch RFI, LFO (for the man) and **Step 22 Cw RFI 3t** (for the woman) should be executed as follows:

For the woman: Step 22 for six beats:

Open choctaw to RFI in Foxtrot position on the first beat, a three turn on the second beat and a RBO held for the remaining 4 beats in Tango position. The three turn should be executed smoothly on clear edges and not hopped.

For the man: Step 22a is an open choctaw with the couple in Foxtrot position on the first beat; a chasse RFI for one beat and a LFO for four beats in Tango position. This lobe begins toward the long side barrier and finishes toward the long axis.

Attention should be paid to the close relationship of the partners during the execution of this lobe. The movement of the free legs during the woman's three turn is optional.

Key Points – Harris Tango Couple Double Pattern Couples

SECTION 1:

1. **Step 7 XR RFO Rk** (for the man) (1+1 beats) **and Step 7 XR LBO** (for the woman) (2 beats):

   For the man :
   - Correct timing of the step for the correct technical execution of the Xroll on an outside edge (not flat), immediately on the first beat
   - ROCKER : the turn must start on a clear outside and turned on the 2nd beat with an evident cusp.
   - No deviations from the outside edge and no change the lean of the body during the rocker.

   For the woman:
   - Correct technical execution of the woman's Xroll on an outside edge (not flat) immediately on the first beat.
   - No deviations from the outside edge.

   For both:
   - These steps should be executed with the partners remaining in Tango position, with feet close together and without any evident separation of the couple at the hips.

2. **Step 11 XR RBO** (1 beat) - **12 XCh LBI**(1 beat) for the man-**and Step 11 XR LFO**(1 beat) **-12 XCh RFI**(1 beat) for the woman:
   - Correct timing of the steps.
   - Correct technical execution of the Xroll on an outside edge (not flat) with a change of the lean of the body.
   - Correct technical execution of the XCH with feet close (not wide)and parallel

- During these steps, the partners must remain close together and side by side.

3. **STEP 14: XR LBO** for the man (2 beats)and **XR RFO 3t** for the woman (1+1 beats)

For the man:

- Correct timing of the step (2 beats).
- Correct technical execution of the Xroll on an outside edge (not flat) with a change of the lean of the body
- No deviations from the outside edge.

For the woman:

- Correct timing of the step (1+1 beats).
- Correct technical execution of the Xroll on an outside edge (not flat) with a change of the lean of the body followed by 3Turn on the 2nd beat.
- No deviations from the edge during 3turn.
- During these steps, the partners must remain close together

4. **STEP 21: CLMK RBI** (4 beats) for the man and **CIMK LBO(**4 beats) for the woman

- Correct timing of the step (4 beats).
- Correct technical execution of the Closed Mohawk and the placement of the foot on the floor.
- The new free leg must be extended in front while the skating foot assumes immediately the edge required.
- No deviations from the edge.
- During these steps, the partners must remain close together

Key Points – Harris Tango Couple Double Pattern Solo (man's steps)

SECTION 1:

1. **Step 7 XR RFO Rk** (1+1 beats):

- Correct timing of the step (1+1 beats);
- Correct technical execution of the Xroll on an outside edge (not flat) on the first beat
- ROCKER: the turn must start on a clear outside and turned on the 2nd beat with an evident cusp.
- No deviations from the outside edge and no change of the lean of the body during the rocker.

2. Step 11 XR RBO (1 beat) - **12 XCh LBI**(1 beat):

- Correct timing of the steps ;
- Correct technical execution of the Xroll on an outside edge (not flat) with a change of the lean of the body;
- Correct technical execution of the XCH with feet close (not wide)and parallel

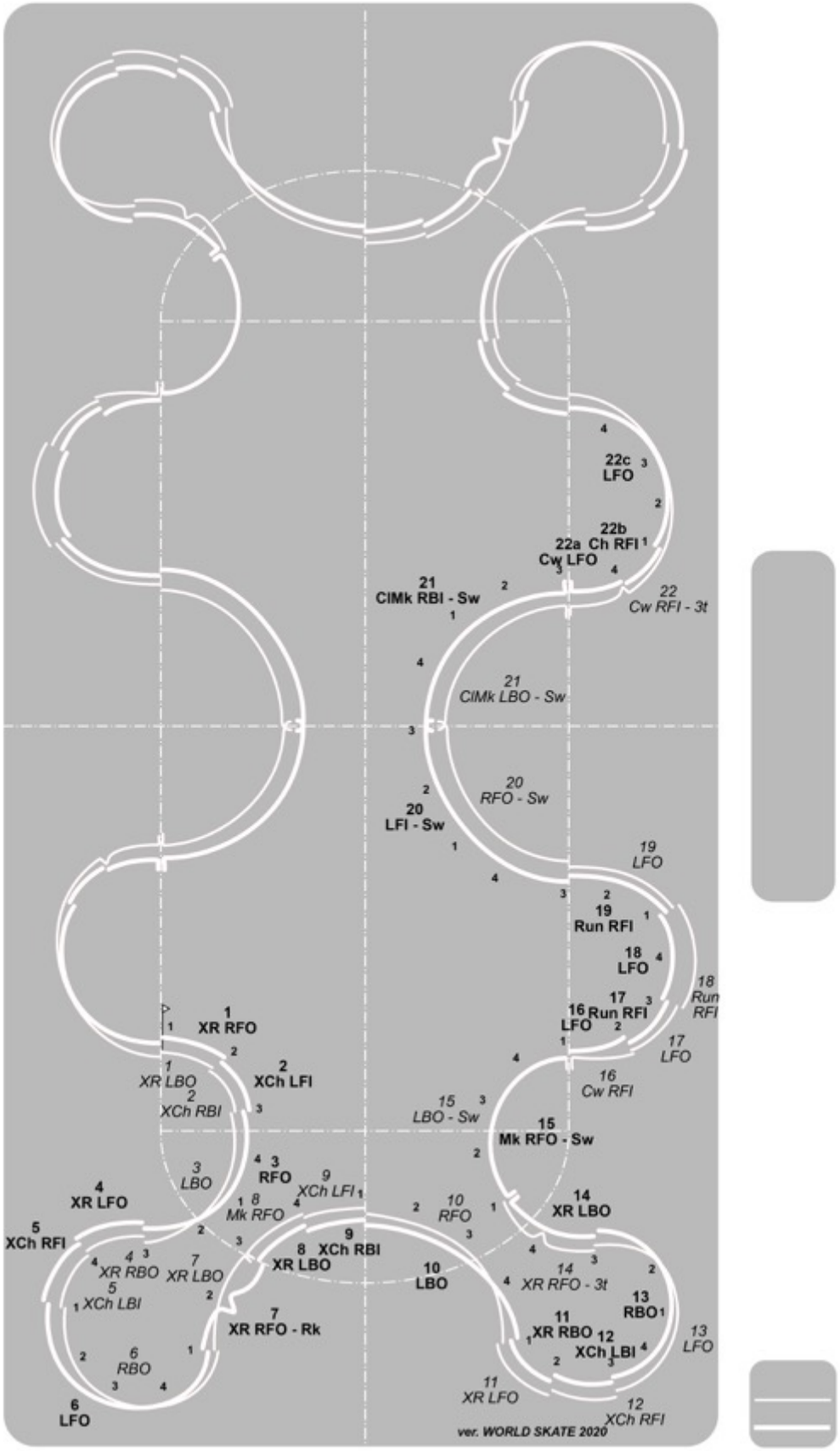
3. **STEP 14: XR LBO** (2 beats):

- Correct timing of the step (2 beats).
- Correct technical execution of the Xroll on an outside edge (not flat) with a change of the lean of the body
- No deviations from the outside edge.

4. **STEP 21: CLMK RBI** (4 beats):

- Correct timing of the step (4 beats);
- Correct technical execution of the Closed Mohawk – From a previous left forward inside edge, the right foot must pass close together to the left foot before becoming the skating foot;
- The new free leg must be extended in front while the skating foot assumes immediately an inside edge;
- No deviations from the inside edge.

List of steps – Harris Tango Double Pattern

POSITION	STEP	MAN'S STEPS		BEATS		WOMAN's STEPS
SECTION 1						
Tango	1	XR RFO		1		XR LBO
	2	XCh LFI		1		XCh RBI
See Text	3	RFO *		4		RBO
Reverse Tango	4	XR LFO		1		XR RBO
	5	XCh RFI		1		XCh LBI
See Text	6	LFO *		4		RBO *
Tango	7	XR RFO Rk	1+1		2	XR LBO
	8	XR LBO		1		Mk RFO
	9	XCh RBI		1		XCh LFI
See Text	10	LBO *		4		RFO *
Reverse Tango	11	XR RBO		1		XR LFO
	12	XCh LBI		1		XCh RFI
See Text	13	RBO *		4		LFO *
Tango	14	XR LBO	2		1+1	XR RFO 3t
SECTION 2						
Waltz	15	Mk RFO Sw *		4		LBO Sw *
Foxtrot	16	LFO		1		Cw RFI
	17	Run RFI		1		LFO
	18	LFO		2		Run RFI
	19	Run RFI		2		LFO
	20	LFI Sw *		4		RFO Sw *
	21	ClMk RBI *		4		ClMk LBO *
Foxtrot	22(a)	Cw LFO	1		1+5	Cw RFI 3t *
Tango	22(b)	Ch RFI	1			
Tango	22(c)	LFO *	4			
* movement of the free leg optional						

Pattern – Harris Tango Double Pattern